

Norman Area Resource Directory

LIVE UNITED



United Way of Norman



A project of the Cleveland County disABILITY Coalition

The mission of the Cleveland County disABILITY Coalition is to enhance the quality of life for persons with disabilities.

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HOTLINES

AIDS/HIV Hotline	1-800-535-2437
Child Abuse Hotline	1-800-522-3511
NAMI Helpline	1-800-950-6264
Poison Control	1-800-222-1222
Reach Out (Mental Health)	1-800-522-9054
Red Rock Emergency Crisis Intervention	405-425-0333
Runaway Safeline	1-800-786-2929
SAFE Hotline (Domestic Violence or Sexual Assault)	1-800-522-7233
Service & Crisis Referrals	2-1-1
Suicide Hotline	1-800-273-8255 or 1-800-384-2433
WIC Hotline	1-888-655-2942

INFORMATION LINES

Asthma & Allergy Net	1-800-878-4403
Communication Service for the Deaf	1-800-642-6410
Consumer Advocacy	1-800-448-4904
Epilepsy Foundation of America	1-800-332-1000
Hearing Aid Helpline	1-800-521-5247
National Association Parents of Visually Impaired	1- 800-562-6265
The Stuttering Foundation	1-800-221-2483
National Domestic Violence Hotline	1-800-799-7233 or 1-800-799-SAFE
National Down Syndrome Society	1-800-221-4602
National Organization for Rare Disorders	1-800-999-6673
Tobacco Helpline	1-800-784-8669
United Cerebral Palsy Association	1-800-872-5827

CHILD ABUSE

Bethesda, Inc.

1181 E. Main, Norman, OK
405-364-0333

www.bethesdaok.org

Therapy and healing for children who have been sexually abused. Also provides education, therapy and prevention techniques to their non-offending caregivers.

Child Welfare Services

Department of Human Services

State of Oklahoma

631 E. Robinson, Norman, OK
405-573-8300

1-800-522-3511 (hotline)

Investigates referrals of abuse/neglect; provide services based on preserving and/or reuniting families who are court involved; provide voluntary/preventative services intended to minimize harm to children and maximize the ability of families to protect and care for their own children; provide foster care, adoptive services and maternity services.

Crossroads Youth & Family Services, Inc.

1650 W. Tecumseh, Suite 500, Norman, OK
405-321-0240

www.crossroadsyfs.org

Emergency Youth Shelter – provides emergency shelter and related services for children under age (18). Counseling is also available.

Outpatient Behavioral Health (CARF Accredited) – provides crisis intervention; individual, group, and family counseling for children under age 18 and their families; provides marital counseling if there is a minor child in the home; psycho-educational groups for teens.

Center for Children & Families, Inc.

210 Cockrel Ave., Norman, OK
405-364-1420

<http://www.ccfnorman.org/>

Extended Families Program-crisis intervention; referrals to other agencies & short-term counseling.
Parents Assistance -provides therapy, crisis intervention, counseling, play groups and parent education to families with parenting problems which can lead or have led to child abuse or neglect.

Oklahoma Commission on Children and Youth (OCCY)

1111 N. Lee, Suite 500, Oklahoma City, OK
405-606-4900

www.okkids.org

Improvement of children's services.

CHILD CARE

Baby Steps

Junior League of Norman

941 Nebraska, Norman, OK
405-360-2717

Provides daycare for teen parents attending a Norman high or mid-high school. Daycare is for children 4 weeks to 3 years. Transportation is provided through Norman Public Schools.

Child Care Warmline

Department of Human Services

State of Oklahoma

1-888-574-5437

www.okdhs.org/services/cc/pages/warmline.aspx

Trained professionals in child development, guidance, and parent education are available to assist providers in finding the answers to questions and resources they need to provide quality child care.

Oklahoma Child Care

4200 Perimeter Center, Suite 235
Oklahoma City, OK
1-888-962-2772
405-942-5001

www.oklahomachildcare.org

Referral source for parents, child care providers and child care facilities.

Rainbow Fleet Child Care Resource & Referral

3024 Paseo

Oklahoma City, OK

Phone: 405-521-1426, 405-525-3111 or 1-800-438-0008

www.rainbowfleet.org

Parents receive free help locating licensed child care. Offers resource center that is stocked with developmentally appropriate toys, books and games (open weekdays and by appointment evenings and weekends).

Special Care, Inc.

12201 N. Western, Oklahoma City, OK

405-752-5112

www.specialcareinc.org

Special Care serves children, with and without special needs, through year-round, high-quality early childhood education, specialized care and on-site therapeutic services. Our mission is to nurture all children with and without special needs in safe, inclusive and supportive environments through education, therapeutic intervention and community acceptance.

Community After School Program

1023 N. Flood, Norman, OK

405-366-5970

www.caspinc.org

Before and after school activities for children enrolled in grades K-5 in Norman and Robin Hill Public Schools. Please call for rates.

Institute of Child Development

University of Oklahoma

Institute of Child Development

108 Fourth Street

Norman, OK

405-325-1641

www.ou.edu/education/centers-and-partnerships/institute-of-child-development.html

Provides young children, ages 2-5, with a half-day preschool experience and provide parent education through parent meetings.

COMMUNITY SERVICES

Alameda Church of Christ

801 E Alameda, Norman, OK

405-321-0788

University Outreach Center (ORC)

1001 Elm Ave, Norman, OK

405-321-4474

www.alamedacofo.org

Alameda Baptist Church

1503 E Alameda Street, Norman, OK

405-329-5157

<http://alamedabaptist.tripod.com>

American Red Cross-Heart of Oklahoma Chapter

Social Services Organization

1205 Halley Ave, Norman, OK

405-321-0552

www.redcross.org/local/oklahoma/about/chapters/heart-of-oklahoma

Big Brothers/Big Sisters of Cleveland County

502 E. Main St, Norman, OK

405-364-3722

www.bbbsok.org

Mentoring program to serve kids (ages kindergarten to 15 years old) who have an incarcerated parent.

Central Oklahoma Community Action Agency

1155 E. Main, Norman, OK

405-701-2170

www.cocaa.org

Prescription assistance, transitional housing, rental and utility assistance, eyeglasses.

Chokká Kilimpí-Family Resource Center

3200 Marshall Ave. Suite 220, Norman, OK

405-767-8940

www.chickasaw-government-nsn.gov

Services to Native American population and couples/caregivers of Chickasaw children. Provides strengths based therapeutic services. Office, school and community based services integrate culture to support individual and family wellness.

An on-site cultural coordinator also integrates Chickasaw culture into the therapeutic process.

Crosspointe Church

2601 24th Ave SE, Norman, OK
405-329-0823
www.crosspointe.tv

Department of Human Services of Cleveland County

631 E. Robinson, Norman, OK
405-573-8300
www.okdhs.org
Food stamps, TANF (Temporary Assistance to Needy Families, day care assistance, utility assistance, TEFRA (SoonerCare for children with special needs)

First Presbyterian Thrift Shop

555 S. University Blvd., Norman, OK
405-321-0933
www.fpcnorman.org
Provides used clothing and other items to the general public at low prices.

Food and Shelter for Friends

104 W. Comanche, Norman, OK
405-360-4954
www.foodandshelterinc.org
Serves a nutritious noon meal to those who may not otherwise be able to afford one. Provides shelter for homeless families.

Hilltop Baptist Church

11710 E Stella Road, Norman, OK
405-794-0603
www.hilltopbaptistfamily.org

Infant Crisis Services

4224 N. Lincoln Blvd., Oklahoma City, OK
405-528-3663
www.infantcrisis.org
Provides formula, baby and toddler food, diapers, blankets, clothing, car seats and other basic necessities. A referral is necessary from DHS, WIC, or a United Way agency.

Latino Community Development Agency

420 SW 10th, Oklahoma City, OK
405-236-0701
<http://lcdaok.org>
English classes; child development center; free clinics; immunizations; dental services for children; translator assistance; transitional housing; and counseling.

McFarlin Memorial United Methodist Church

419 S University Boulevard, Norman, OK
405-321-3484
www.mcfarlinumc.org

Meals on Wheels

528 E. Main, Norman, OK
405-321-7272
www.mealsonwheelsnorman.com
Hot meals, including special diets and pet food delivered between 11:00-12:30 Monday through Friday to individuals with disabilities or the elderly who reside in Norman.

Mission Norman

2525 East Lindsey, Norman, OK
405-321-8880
www.missionnorman.org
Provides food once every 30 days to needy individuals and families.

Norman First American United Methodist Church

1950 Beaumont Drive, Norman, OK
405-321-5640
www.umc-oimc.org/churches/northern-district/norman-first-american-united-methodist-church

Norman Shelter for Battered Women

Women's Resource Center
PO Box 5089, Norman, OK 73070
405-364-9424
www.wrcnormanok.org
Provides counseling and shelter

Oklahoman Natural Gas Company (ONG)

Conservation Programs

www.oklahomanaturalgas.com/en/SaveEnergyAndMoney/EnergyEfficiencyProgram.aspx

Call 811 before you dig.

Service 1-800-664-5463

To report a natural gas leak or emergency, leave the area immediately and call 1-800-458-4251

Norman ONG Contact:

605 N Berry Rd,
Norman, OK 73069
(405) 525-7557

Oklahoma Electric Cooperative (OEC)

Electric Utility Company

Address: 242 24th Ave NW, Norman, OK 73069

(405) 321-2024

www.okcoop.org

Pioneer Library System

Main Location: 225 N. Webster, Norman, OK 73069
405-701-2600

West Location: 300 Norman Center Court, Norman
OK 73072

405-701-2644

24 Hour Library East Location: 125 Vicksburg
Avenue, Norman OK 73071

Moore Location: 225 S. Howard, Moore, OK
405-793-5100

Noble Location: 204 N. 5th, Noble, OK
405-872-5713

www.pioneer.lib.ok.us

Internet access, informational materials, basic computer classes, small business services, resume and job search assistance, grant writing classes, tutoring, literacy courses, personal finance information, virtual library, and children's programs. Call your local branch for more details on each program.

Saint Joseph's Thrift Shop

421 E. Acres, Norman, OK
405-321-8080

www.stjosephsok.org

Provides clothing at a very small price to the general public.

Saint Mark Catholic Church

Call and leave message for assistance

Norman, OK
405-366-8070

Salvation Army

318 E. Hayes, Norman, OK
405-364-9910

<http://salvationarmyaok.org/norman>

Provides food, shelter, clothing, and utility assistance.

Success By 6/Smart Start Norman

2424 Springer Dr.; Suite 304, Norman, OK 73069
405-364-3800

<http://unitedwaynorman.org/sb6>

Working to ensure that all children are safe, healthy, eager to learn and ready to succeed by the time they enter school. For early childhood resources, visit the website. Call the office for information about monthly Parent Coalition meetings made up of families with children birth to 6 years old.

Trinity Baptist Church

801 N. Peters, Norman, OK
405-321-2000

www.trinitynorman.org

Food pantry and provides meals.

Women, Infants, & Children (WIC)

Cleveland County Health Department

250 12th Ave NE, Norman, OK 73071
405-321-4048

424 S. Eastern, Moore, OK 73160
405-794-1591

www.ok.gov/health/County_Health_Departments/Cleveland_County_Health_Department/

Nutrition program for women, infants, and children.

DISABILITY RELATED

Ability Connection Oklahoma

10400 Greenbriar Place; Suite 101
Oklahoma City, OK 73159
405-759-3562

www.ucpok.org

Provides services to support and enhance the life quality of people with cerebral palsy and other disabilities.

ABLE Council for Developmental Disabilities

603 W. Comanche St., Norman, OK 73069
405-329--3922

www.ableinnorman.org

Sheltered workshop, group homes, semi-independent living programs, school-to-work transition program, and a community integrated employment program.

AMBUCS – Norman

Service Club who works to improve the life for citizens in their community who have disabilities.

www.soonerambucs.org

Club meets every Tuesday at 7:00 a.m. at Prairie Kitchen located at 2520 W. Main, Norman, OK.

Americans with Disabilities Act (ADA)

800-514-0301 (voice)

800-514-0383 (TTY)

www.ada.gov

Information and technical assistance on the Americans with Disabilities Act.

Among Friends Activity Center

1185 E. Main, Norman, OK 73071
405-701-2121

www.amongfriendsnorman.org

Social setting with games, activities, crafts, music, friendship and programs such as art, health and wellness.

Child Study Center

OU Health Sciences Center

1100 NE 13th St., Oklahoma City, OK 73117
405-271-5700

www.oumedicine.com/csc

Interdisciplinary evaluations, treatment and consultation for children with developmental, educational, behavioral or medical needs.

Dale Rogers Training Center

2501 N. Utah Ave, Oklahoma City, OK 73107
405-946-4489

405-947-3872 (TTY)

www.drctc.org

Vocational training, in-house programs, work opportunities, and competitive community employment for individuals with disabilities.

Department of Rehabilitation Services

2227 W. Lindsey, Suite 1400 Norman, OK
405-329-6096

www.okrehab.org

Tuition, books, fees, transportation, maintenance and other expenses related to a training program. Help with job placement is also provided with emphasis on vocational counseling and placement.

Department of Rehabilitation Services

Services For The Deaf

2401 NW 23rd, Suite 65, Oklahoma City, OK
405-522-7930 (TDD)

<http://okrehab.org>

Information and referral, workshops and training, interpreter certification, provision of telecommunication devices and alerting devices, hearing evaluations and hearing aids to eligible senior citizens, augmentative speech devices, and interpreter services.

Developmental Disabilities Services

DDS-Oklahoma Department of Human Services

Area III Office

301 S. Indian Meridian Rd., Pauls Valley, OK

405-238-4700

1-800-522-1086

<http://www.okdhs.org/programsandservices/dd/default.htm>

Offers a wide array of community services for individuals with developmental disabilities and their families. Services are individualized to meet each person's needs.

Easter Seals of Oklahoma

701 NE 13th St., Oklahoma City, OK 73104

405-239-2525

www.eastersealsoklahoma.org

Children and adults with disabilities and special needs find services including therapists, teachers and other health professionals that help each person reach his or her personal goals. Offer child development center and adult day center.

Full Circle Senior Adult Day Center

1304 Lindsey Plaza Dr., Norman, OK

405-447-2955

www.fullcircleok.com

Necessary health and personal care, social, cultural, educational, and recreational activities. Medical and social assessments and screenings. A nutritious noon meal and snacks. Restorative therapies. Caregiver support and counseling. Administration of necessary medications.

JD McCarty Center

2002 East Robinson, Norman, OK 73071

405-307-2800

www.jdmc.org

Provides comprehensive programs of rehabilitative care to Oklahoma's children (ages 0-21) with developmental disabilities. These include physical therapy, occupational therapy, speech-language therapy, psychological services, sensory integration, and comprehensive evaluations.

John W. Keyes Speech and Hearing Center

825 NE 14th St, Oklahoma City, OK 73104

405-271-4214

www.ah.ouhsc.edu/csd/clinics.asp

Specializes in the education and remediation of speech, language and hearing impairments in children and adults. The center also houses the Language Preschool Classrooms, the Cleft Palate Clinic, the Communication Disorders Clinic, and the United Way Hearing Aid Bank.

National Center for Disability Education and Training

University of Oklahoma

3200 Marshall Ave, Suite 201, Norman, OK 73072

405-325-1632

<http://ncdet.ou.edu>

Delivers a variety of programs to advance the employment and independent living of individuals with disabilities.

New Leash On Life

4000 N. Lindsay Ave, Oklahoma City, OK

405-604-0519

<http://newleashinc.org/>

Service Dog and Therapy Dog training programs help Oklahomans with a variety of special needs to live more independently, develop confidence, and improve their abilities.

Oklahoma ABLE Tech

Oklahoma State University Seretean Wellness Center

1514 W. Hall of Fame Rd.

Stillwater, OK 74078

405-744-9748

www.okabletech.okstate.edu

Improve access to assistive technology (AT) for individuals with disabilities of all ages through comprehensive, statewide programs. Connects individuals with disabilities to AT through demonstrations and short-term loans to allow individuals to try and compare a variety of devices to find the best fit. Accepts durable medical equipment that is no longer needed and reassigns it to Oklahomans who are in need at no cost.

Oklahoma Assistive Technology Center

1600 N Phillips, OKC, OK
405-271-3625

<http://www.theoatc.org>

Provides assessment, consultation & training, custom fabrication and modification of assistive technology devices.

Oklahoma Client Assistance Program- CAP

Oklahoma Office of Disability Concerns

2401 NW 23rd, Suite 90, Oklahoma City, OK 73107
405-521-3756

www.odc.ok.gov

Conflict resolution, mediation and negotiation, assistance with appeals process for clients and applicants to the Department of Rehabilitation Services.

Oklahoma Deaf-Blind Technical Assistance Project

University of Oklahoma

820 Van Fleet Oval, Room 321, Norman, OK 73019
405-325-0441

<http://www.ou.edu/okdbp/>

Oklahoma Developmental Disabilities Council (ODDC)

2401 NW 23rd St., Suite 74, OKC, OK 73107
405-521-4984

1-800-836-4470 (V/TTY)

www.okddc.ok.gov

Advocacy training program, can assist with training costs for parents attending conferences or training related to their child's disability and offers a summer program for youth (Youth Leadership Forum).

Oklahoma Disability Law Center

2915 Classen Blvd., Oklahoma City, OK
405-525-7755 (V/TTY)

www.oklahomadisabilitylaw.org

Provides free legal services to people with physical and mental disabilities; services include individual case services, systems advocacy and community legal education.

Oklahoma Foundation for the Disabled

8421 N. Walker, Oklahoma City, OK 73114
405-842-6636

www.okfd.org

Transportation, activities, Thursday Night Dinner Dance, and respite.

Oklahoma Library for the Blind and Physically Handicapped

300 NE 18th St., Oklahoma City, OK 73105
405-521-3514

405-521-4672 (TTY/TTD)

www.library.state.ok.us

Books on tape for all ages, Braille and large print books, and instructional aids/equipment.

Oklahoma State Department of Education Special Education Services

2500 N. Lincoln Blvd, Oklahoma City, OK
405-521-3301

<http://www.ok.gov/sde/special-education>

Progressive Independence

121 N. Porter Ave., Norman, OK 73071
405-321-3203

<http://www.progind.org>

Information and referral sources for housing modifications and accessible housing lists. Independent living skills training, peer counseling, peer support groups, leisure activities, and medical equipment with appointment.

Social Security Administration

SSI – Disabled Children's Program

200 NE 27th, Moore, OK

1-866-964-4260 (Local)

1-800-772-1213 (National Toll-Free)

1-800-325-0778 (TTY)

www.ssa.gov/planners/disability/dqualify10.html

SoonerStart

Cleveland County Health Department

Norman: 250 12th Ave NE 73071

405-321-4048

Moore: 424 S Eastern Ave. 73160

405-794-1591

www.ok.gov/health/County_Health_Departments/Cleveland_County_Health_Department/SoonerStart/index.html

Provides developmental screenings, evaluation, assessment and early intervention, to promote healthy development in children. Child must be 0-36 months old and have developmental delays.

Sooner SUCCESS

Contact: Eva Smith
405-306-3966
1-877-441-0434

<http://soonersuccess.ouhsc.edu>

Information and resource referral for families of children and youth, birth to 21 years of age, with one or more of the following: developmental delay or disability, chronic health care needs, abuse/neglect issues, and mental health needs.

TEFRA

Oklahoma Department of Human Services

2507 N. Shields, Moore
405-912-2000
631 E. Robinson, Norman
405-573-8300

www.okdhs.org/services/health/pages/tefra.aspx

Medicaid benefits for children with physical or mental disabilities who would not ordinarily be eligible for Supplemental Security Income (SSI) benefits because their parent's income or resources.

University Center for Excellence in Developmental Disabilities (UCEDD)

OU Health Sciences Center

405-271-4500
1-800-627-6827

www.ouhsc.edu/thecenter

Partners and self-advocates making a positive difference in the lives of people with disabilities and their families through learning and leadership.

Work Activity Center

203 E. Main, Moore, OK 73160
405-799-6911

<http://wacok.com/>

Provides work experience and job opportunities for individuals with developmental disabilities.

Zarrow Center

University of Oklahoma

338 Cate Center Dr, Room 190, Norman, OK 73019
405-325-8951

<http://www.ou.edu/content/education/centers-and-partnerships/zarrow.html>

Self-determination and transition materials & training. Transition timeline link on website.

EDUCATION

Adult Education & Literacy

131 S. Flood, Norman, OK
405-366-1059

www.norman.k12.ok.us/literacy

www.norman.k12.ok.us/adult-education

Classes and tutoring in basic reading, writing and math for those below the 8th grade education level; help to non-high school graduates wanting to acquire the GED; and English as a second language.

Crossroads Youth & Family Services

Head Start and Early Head Start

1333 W. Main St
Norman, OK

405-292-6440

www.crossroadsysf.org

Early childhood education program for low-income children and families at four sites in Norman and one in Moore. Locations:

Main Street Head Start/Early Head Start - 1333 W Main St Norman, OK 73069 (405) 292-6440 / FAX: (405) 292-6442

CSBI Head Start/Early Head Start - 1111 E. Main Norman, OK 73071 (405) 701-2141 / FAX: (405) 701-2112

St. Stephens Head Start - 1801 W. Brooks Norman, OK 73069 (405) 360-2124 / FAX: (405) 360-1243

Moore Head Start/Early Head Start - 312 N. Janeway Ave. Moore, OK 73160 (405) 912-9993 / FAX: (405) 912-2366

Baby Steps Early Head Start – 941 Nebraska Norman, OK 405-360-2717

Early Foundations

3901 NW 63rd, OKC, OK
405-842-9995

www.autismcenterok.org/content/about-3

Program designed to work with toddlers with autism spectrum disorder to address the importance of early intervention. Has a program in Cleveland County

Language Enrichment and Preschool Success – LEAPS

University of Oklahoma Health Sciences Center
1200 North Stonewall Ave., Oklahoma City, OK
405-271-4214

www.ah.ouhsc.edu/csd/clinics.asp

Provides early intervention services for young children who have been diagnosed with autism and developmental disabilities.

Moore Norman Technology Center

Deaf & Hard of Hearing Program
4701 12th Ave. NW, Norman, OK
405-364-5763

www.mntc.edu

Provides guidance and referrals during the enrollment process, and assists with appropriate classroom, lab, and learning support for students with hearing loss that impacts education. A student may have access to an interpreter, trained note-takers, or tutors in lecture and lab settings.

Norman Public Schools

Special Services

131 South Flood Ave, Norman, OK
405-366-5996

www.norman.k12.ok.us/special-services

Norman Parents As Teachers

Norman Public Schools
405-366-5889

www.norman.k12.ok.us/early-childhood-opat

Personalized home visits from Certified Parent Educators trained by National Parents As Teachers. Parent Educators provide family support and information about child's development to assist in parents being their child's first and most influential teachers.

Oklahoma School for the Blind

3300 Gibson, Muskogee, OK
918-781-8200
1-877-229-7136

www.osb.k12.ok.us

Oklahoma School for the Deaf

1100 E. Oklahoma St, Sulphur, OK
1-888-685-3323

www.osd.k12.ok.us

Oklahoma State Department of Education

2500 N. Lincoln Blvd, Oklahoma City, OK
405-521-3301

www.sde.state.ok.us

EMPLOYMENT ASSISTANCE

ABLE

303 East Tonhawa, Norman, OK
405-329-3922

Provides vocational services for persons with developmental disabilities. This includes Community Integrated Employment for adults and a Work Adjustment Training program for high school students.

Dale Rogers Training Center

2227 West Lindsey, Suite 1304, Norman, OK
405-568-7724

www.drctc.org

Vocational training, in-house programs, work opportunities, and competitive community employment for individuals with disabilities.

Goodwill Industries

2430 West Main, Norman, OK
405-701-1701

www.okgoodwill.org

Job Connections Center offers help in resume writing, interview skills, interview clothing, online job searches and online job applications and hosts job fairs.

Oklahoma Department of Rehabilitation Services

2227 W. Lindsey, Suite 1400 Norman, OK
405-329-6096

www.okrehab.org

Helps Oklahomans with disabilities bridge barriers to success at work. Vocational rehabilitation programs introduce or reinstate people with disabilities into the work force.

Job Corps

State of Oklahoma

2401 N. Lincoln
Will Rogers Memorial Bldg, Room 452
Oklahoma City, OK
405-557-7128
www.jobcorps.gov

Free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job.

Moore Norman Technology Center

HIRE (Help In Reaching Employment) Program

4701 NW 12th Ave, Norman, OK
405-364-5763
Help in finding a career that fits your interests and abilities,
Personal job placement guidance with resume, application, and job search training
Resources and supportive services to ensure your success
Assistance with math, reading, spelling, and language skills
Community internship opportunities
Full-time, 31 hour per week schedule to meet DHS requirements
Microsoft Office training in Word, Access, Excel, Publisher and PowerPoint

Oklahoma Employment Security Commission

2401 N. Lincoln Blvd, Oklahoma City, OK
405-557-7100
405-557-7531 (TDD)
www.oesc.ok.gov
Provides employment assistance to individuals that desire to find employment, acquire training information as well as to be advised about community, state and federal resources.

Oklahoma Works

1141 E. Main, Norman, OK
405-701-2000
www.oklahomaworks.gov

Thunderbird Clubhouse

1251 Triad Village Dr, Norman, OK
405-321-7331
www.thunderbirdclubhouse.org
Employment opportunities are provided as a right of membership into the Clubhouse. Members can return to paid employment as staff assist in job placement, job retention and on the job training.

FINANCIAL PLANNING

AARP Tax Aid Program

Senior Citizens Center

329 S. Peters Ave, Norman, OK
405-329-4200
Free tax assistance in preparing individual federal and state income tax returns for persons age 60 and older with low and fixed incomes and those with special needs.

Central Oklahoma Community Action Agency

Family Support Services

1155 E Main, Norman, OK 73071
405-701-2170
www.cocaa.org
Helps low-income individuals and families avoid crisis situations in two ways; meeting emergency needs first, then helping families gain self-sufficiency through supportive case management and partnerships with other social service providers.

Consumer Credit Counseling Service of Central Oklahoma

405-789-2227 OKC Metro
1-800-364-2227 Outside OKC Metro
www.ccsok.org
Provides money management and debt-repayment plans for those who are overextended and unable to make payments because of loss of income, marital or medical problems or mismanagement.

Internal Revenue Service (IRS)

55 N. Robinson Ave, Oklahoma City, OK
405-297-4057
Tax law & tax account questions: 1-800-829-1040
Tax Forms & free publications: 1-800-829-3676
Tax law & refund information: 1-800-829-4477
www.irs.gov

Pioneer Library System

225 N. Webster, Norman, OK
405-701-2600

225 S. Howard, Moore, OK
405-793-5100

204 N. 5th, Noble, OK
405-872-5713

www.pioneer.lib.ok.us

Fiscally Fit Boot Camp

Fun, intensive multi-week workshop designed to give you the tools you need to build a successful financial future. These sessions work together to give you some serious financial strength! Work with instructors who make the material fun and approachable—building your confidence and knowledge all the way through the course.

HEALTH CARE-DENTAL

D-DENT

6430 N. Western, Suite 200, OKC, OK
405-424-8092

1-800-522-9510

www.d-dentok.org

Comprehensive free dental care for low income, uninsured, elderly and individuals with developmental disabilities.

Pediatric Dental Services

Health Department

250 NE 12th St, Norman, OK
405-321-4048

OU College of Dentistry

1201 North Stonewall Avenue, OKC, OK 73107
405-271-6326

<http://dentistry.ouhsc.edu>

The College of Dentistry provides comprehensive dental care, which includes cleanings, fillings, root canals, crowns (caps), bridges, partials, dentures, and implants.

HEALTH CARE-MEDICAL

Children First Program

Cleveland County Health Department

250 NE 12th St, Norman, OK
405-579-2292

Health assessments, child development assessments, parenting education, nutrition education, health and safety information, and referrals to community agencies. These services are available to pregnant women less than 29 weeks gestation, families expecting to deliver or parent their first child, and families with little financial or social support.

Cleveland County Health Department

250 NE 12th – Norman

405-321-4048

424 SE Eastern – Moore

405-794-1591

www.ok.gov/health/County_Health_Departments/Cleveland_County_Health_Department

Services by location:

Norman: Children first program, pediatric dental services, environmental health services, health education, Sooner Start

Moore: Family planning, immunizations, TB skin tests, Child Guidance Services, communicable disease control, WIC clinic

Eden Clinic

1807 West Lindsey, Norman, OK

405-579-4673

www.edenclinic.tv

Free medical clinic specializing in health services related to an unplanned pregnancy. Offering free pregnancy tests, abortion education, ultrasounds and STD testing.

Early, Periodic Screening, Diagnosis and Treatment (EPSDT)

405-521-3679 (Eligibility)

405-522-7300 (Scope of Services)

Provides children under the age of 22 with regular medical checkups, including health, vision, hearing and dental. Must be eligible for Medicaid to qualify.

Mary Mahoney Memorial Health Center

12716 NE 36th, Oklahoma City, OK
405-769-3301

www.chciokc.org

Full range of primary health services include ambulatory medical care, dental care, prenatal/postpartum care, childbirth education, family planning, well child check-ups, immunizations, developmental assessment, lab, x-ray, pharmacy, EPSTD, community health, Saturday clinic.

Needy Meds

www.needymeds.org

Provides drug discount card for prescriptions and over-the-counter drugs.

Oklahoma Health Care Authority

4345 N. Lincoln Blvd.
Oklahoma City, OK 73105
405-522-7300

www.okhca.org

Administers the SoonerCare program (Oklahoma Medicaid) and determines financial eligibility for the program.

RX for Oklahoma

1155 E Main, Norman, OK 73071
405-701-2071

www.cocaa.org/rx

Prescription assistance program developed to help individuals that are uninsured or under-insured—no narcotic prescriptions, utility assistance and Thanksgiving baskets.

Variety Care Norman Family Practice

317 East Himes, Norman, OK
(405) 632-6688 phone

Variety Care Norman Pediatrics

1237 Alameda Norman, OK
(405) 632-6688 phone

HOUSING

ABLE Council for Developmental Disabilities

300 N. Crawford, Norman, OK
405-329-3922

www.ableinnorman.org

Provides group homes and semi-independent living programs to individuals age 18 and older who receive DDSD Waiver Services.

Habitat for Humanity

405-360-7868

www.cchfh.org

Provide the opportunity for home ownership for impoverished people at an affordable rate.

Norman Housing Authority

Public Housing/ Section 8 Rental Assistance

700 N. Berry Rd, Norman, OK
405-329-0933

www.normanha.org

Provide housing for low-income families, individuals with disabilities, and the elderly.

Rose Rock Villa

700 N. Berry Rd, Norman, OK
405-329-0933

www.normanha.org

Low-income housing for the elderly, 62 or older, and individuals with disabilities.

The Willows

517 N. University Blvd, Norman, OK
405-364-1224

Efficiencies, one and two bedroom apartments for low-income, physically disabled adults and seniors. Rent is subsidized through HUD Section 8.

LAW RELATED

City of Norman Police Department

201-B West Gray, Norman, OK 73070
405-321-1600

Cleveland County CASA, Inc.

1650 W. Tecumseh Rd, Suite 400, Norman, OK
405-360-5295

www.clevelandcountycasa.org

Court Appointed Special Advocate will serve abused and neglected children who are wards of the juvenile court and in out-of-home placements such as foster homes. The CASA speaks up for the child's best interest during the court process.

Cleveland County District Attorney's Office

201 S. Jones, Suite 210, Norman, OK
405-321-8268

Victim/witness program, bogus check restitution program, and child support program.

Cleveland County Sheriff's Department

128 S. Peters, Norman, OK
405-701-8888

Juvenile Intervention Center (JIC)

Crossroads Youth & Family Services

1900 W. Robinson, Norman, OK
405-360-4827

Provides an appropriate response and immediate consequences to children and youth, age 10 to 17, arrested for minor, delinquent acts.

Legal Aid of Western Oklahoma

2600 Van Buren #2606, Norman, OK
405-360-6631
888-534-5243 – hotline

www.oklaw.org/link.cfm?2954

Provide legal representation in civil matters for senior citizens or citizens meeting financial guidelines.

Office of Juvenile Affairs

State of Oklahoma

1650 W. Tecumseh Rd, Suite 300, Norman, OK
405-360-4310

Provide intake, probation and parole services to youth and their families.

Oklahoma Corporation Commission

Consumer Services Division

405-521-2331
1-800-522-8154

www.occ.state.ok.us

Investigate, negotiate and mediate complaints made by consumers against any public utility or oil and gas companies in Oklahoma.

Oklahoma Disability Law Center

2915 Classen Blvd, Oklahoma City, OK
405-525-7755 (V/TTY)

www.oklahomadisabilitylaw.org

Provides free legal services to people with physical and mental disabilities; services include individual case services, systems advocacy and community legal education.

University of Oklahoma College of Law Legal Clinic

300 Timberdell Rd, Norman, OK
405-325-3702

<http://www.law.ou.edu/content/legal-assistance>

The clinic provides pro bono services for economically eligible clients.

MENTAL HEALTH & SUBSTANCE ABUSE

Central Oklahoma Community Mental Health Center

909 E. Alameda, Norman, OK
405-360-5100

www.cocmhc.org

Short-term and long-term therapy, medication services and after care case management.

Cleveland County Child Guidance Clinic Health Department

250 NE 12th St – Norman
405-321-4048 ext 410
424 S Eastern – Moore
405-794-1591

Counseling for children ages 3 – 12 and their families. Child Development & Speech/language services for birth - 8. Hearing screenings for children birth – 12. Sliding scale fee. Medicaid accepted.

Crossroads Youth & Family Services, Inc.

1650 W. Tecumseh, Suite 500, Norman, OK
405-321-0240
(Corporate offices located at 1333 W. Main in Norman)

www.crossroadsyfs.org

Outpatient Behavioral Health (CARF Accredited) – provides crisis intervention; individual, group, and family counseling for children under age 18 and their families; provides marital counseling if there is a minor child in the home; psycho-educational groups for teens. Emergency youth shelter.

Griffin Memorial Hospital

900 E. Main, Norman, OK
405-321-4880
Provides adult inpatient psychiatric treatment.

Family Frontier System of Care

1120 East Main
900 East Main – Crisis Center
405-360-5100
www.odmhsas.org/cocmhc/services/FamilyFrontierSystemOfCare.htm

Provides mental health and substance abuse services.

NAIC – Center for Oklahoma Alcohol and Drug Services, Inc.

215 W. Linn, Norman, OK
405-321-0022
www.naichelp.org
Individual and group counseling; DUI school; drug court; youth and family programs; and treatment for gambling and co-occurring disorders.

**NAMI Cleveland County
National Alliance of Mental Illness**

Norman, OK 73071
405-701-2078
<http://www.nami.org>
Raise awareness and provide essential and free education, advocacy and support group programs for people living with mental illness and their loved ones.

Narcotics Anonymous

Area Helpline 405-524-7068
www.okna.org
Provides services for people who want to stop using drugs, including alcohol.

**Norman Regional Hospital Behavioral
Medicine Group**

901 North Porter, Norman, OK
405-307-5555 - 24 hour referral
Counseling for children and adults. Medicaid accepted.

Northcare of Norman Behavioral Health

550 NW 24th Ave, Suite D, Norman, OK
405-858-2785
Serves children ages 5 through 17 and their families. Family counseling services are home-based.

**Oklahoma Department of Mental Health and
Substance Abuse Services**

1200 NE 13th, Oklahoma City, OK
405-522-3908
1-800-522-9054
405-522-3851 (TDD)
www.ok.gov/odmhsas

Psychotherapy Wellness Center of Norman

564 Buchanan, Norman, OK
405-329-8821
Counseling in all areas: divorce, depression, transitions in life, long-term psychotherapy, and family/marital therapy.

Red Rock Behavioral Health Services

900 E. Main, Bldg. 52, Unit 200, Norman, OK
405-307-4800
www.red-rock.com
Provides inpatient individual therapy, group therapy, family therapy, crisis intervention and psychiatric services for adults.

Thunderbird Clubhouse

1251 Triad Village Dr, Norman, OK
405-321-7331
www.thunderbirdclubhouse.org
Employment, housing linkage, social events, and adult education for adults living with a mental illness.

Transition House, Inc.

700 Asp, Suite 2, Norman, OK
405-360-7926

www.thouse.org

Provides a Transitional Living Program and Community Outreach Program for adult mental health consumers.

University of Oklahoma Counseling Psychology Clinic

3200 Marshall Ave, Suite 100, Norman, OK
405-325-2914

www.ou.edu/education/clinic/index.htm

Individual counseling for adults, children and adolescents; couples counseling; family therapy; psychological assessment; and career assessment services.

Red River Youth Academy

3400 Deskin Dr, Norman, OK 73069
405-701-8531

www.redriverya.com

Serves male adolescents experiencing serious emotional/behavioral disorders.

PARENTING

**Teenage Parenting Program
Center for Children and Families**

210 S. Cockrel, Norman, OK
405-364-1420

www.ccfnorman.org

Diaper and wipes program, child counseling, Boys & Girls Club after school program, parenting classes, divorce education, co-parenting, Bringing Up Baby group, developmental education, teenaged parenting classes, home based.

RECREATION

Shining Starz Cheer Team

Oklahoma Twisters
3203 Broce Ct., Norman, OK 73072
405-701-5999

www.oklahomatwisters.com

Kids with special needs competitive cheerleading team.

Among Friends Activity Center

Community Services Building, E- Wing
1185 E. Main Street, Norman, OK
405-701-2121

An activity center for adults with special needs and disabilities. Open Monday-Friday 10:00am to 3:00pm. There is a monthly membership fee. Lunch served daily for small fee. Special programs such as art and health and wellness

www.amongfriendsnorman.org

Boy Scouts of America

Last Frontier Council

3031 NW 64th St, Oklahoma City, OK
405-840-1114

www.lastfrontiercouncil.org

Camp Fire

Heart of Oklahoma

3309 E. Hefner Rd, Oklahoma City, OK
405-478-5646

Character building agency for boys and girls in grades PK-12.

Camp Perfect Wings

Falls Creek
6714 NW 77D, Davis, OK 73030
405-942-3800

www.bgco.org/specialneeds

Once a year special needs camp where campers will learn a heart for God and other skills such as outdoor activities, horseback riding, crafts, bible studies, music, fishing, talent shows, etc.

Cleveland County 4-H

Oklahoma State University Extension Center

601 E. Robinson, Norman, OK
405-321-4774

Informal education in areas of community, development for youth, including agriculture, horticulture and family consumer services.

Cleveland County Family YMCA

1350 Lexington Ave, Norman, OK
405-364-9622

www.ymcanorman.org

After school care, youth sports, parents night out, family fun night, summer camps, schools out camp, fitness programs, and specialty classes.

Firehouse Art Center

Healing Studio

444 South Flood Avenue, Norman, Oklahoma 73069
405-329-4523

<http://normanfirehouse.com/education/index.cfm?page=healingstudio>

The Healing Studio is a supportive environment intended to improve the quality of life for its participants by providing a risk-free social environment in which to experiment with the creative process through self-expression. The Healing Studio operates as an open studio; instruction and activities are individualized and non-stressful. Select one medium or experiment with many. Weekly demonstrations with some materials provided. Fridays 10:00 am – 12:00 pm.

Girl Scouts of

Western Oklahoma Council Office

6100 N. Robinson, Oklahoma City, OK
405-528-4475
800-698-0022

www.gswestok.org

Hoofbeats for Hope

8900 Slaughterville Rd, Slaughterville, OK
405-650-6175 or 405-615-7191

www.hoofbeatsforhope.com

Therapeutic Riding center provides riding sessions for children and adults with special needs.

Make Promises Happen

One Twin Cedar Lane
Guthrie, Oklahoma 73044
800-299-2811
405-282-2811

www.centralchristiancamp.org

Outdoor recreational programs for persons with disabilities and serious illnesses.

Norman Parks and Recreation Department

201 W. Gray, Norman, OK
405-366-5472

www.normanfun.com

Free and fee-based classes for a variety of sports, dance, and fitness; athletic programs; and after school and summer school programs.

Pioneer Library System

Main Location: 225 N. Webster, Norman, OK 73069
405-701-2600

West Location: 300 Norman Center Court, Norman
OK 73072

24 Hour Library East Location: 125 Vicksburg
Avenue, Norman OK 73071

Moore Location: 225 S. Howard, Moore, OK 73160
405-793-5100

Noble Location: 204 N. 5th, Noble, OK 73068
405-872-5713

www.pioneer.lib.ok.us

Include internet access, books/book on tape, DVDs/movies, virtual library, and children's programs (including sensory friendly storytimes). Call your local branch for more details on each program.

Sensory Friendly Films

Warren Theatre

1000 Telephone Rd, Moore, OK
405-735-9676

www.warrentheatres.com/sensory.asp

Sibshops

Sooner SUCCESS

Email: normansibshops@gmail.com

<http://soonersuccess.ouhsc.edu/ServicesPrograms/Sibshops.aspx>

Recreation based events where typical siblings of children with special needs can gain peer support and education. The events are lively & fun and offer siblings age 6-13 the chance to meet other sibling, discuss common joys & concerns & learn new information about different types of special needs.

Special Olympics Oklahoma

6835 S. Canton Ave, Tulsa, OK

918-481-1234

www.sook.org

Look under area programs to find one near you!

RESPITE

Among Friends Activity Center

Community Services Building, E- Wing

1185 E. Main Street, Norman, ok

405-701-2121

An activity center for adults with special needs and disabilities. Open Monday-Friday 10:00am to 2:00pm. There is a monthly membership fee. Lunch served daily for small fee. Special programs like Art Exercise, and Healthy Living Classes are available.

www.amongfriendsnorman.org

Developmental Disabilities Services (DDS)

Oklahoma Department of Human Services

Area III Office

301 S. Indian Meridian Rd, Pauls Valley, OK

405-238-4745

1-800-522-1086

www.okdhs.org/services/dd/Pages/default.aspx

JD McCarty Center

2002 East Robinson, Norman, OK 73071

405-307-2800

www.jdmc.org

Provides inpatient and outpatient services for children with developmental disabilities.

Oklahoma Foundation for the Disabled

8421 N. Walker, Oklahoma City, OK

405-842-6636

www.okfd.org

Provides high quality and activity-oriented adult day health services for adults with developmental disabilities in central Oklahoma

Project Outreach

St. Stephen's United Methodist Church

1801 W. Brooks, Norman, OK 73069

405-361-0921

Email: projectoutreachnorman@gmail.com

<https://sites.google.com/site/projectoutreachnorman/home>

Project Outreach Norman is a free respite care program for children with disabilities (through age 21) and their siblings (to age 12).

SENIOR CITIZENS

Moore Council on Aging – BRAND Senior Center

501 E. Main, Moore, OK

405-799-3130

Provides arts and crafts, quilting, recreation, and educational programs. Provides a site for the congregate meals program, and provides transportation for senior citizens and the disabled.

Norman Senior Citizens Center

329 S. Peters, Norman, OK

405-329-4200

Retired and Senior Volunteer Program (RSVP) of Cleveland County

1125 E Main St, Norman, OK

405-701-2162

www.rsvpokc.org

RSVP of Central Oklahoma is enriching the lives of older adults by connecting them with meaningful and rewarding community volunteer opportunities.

Sunbeam Family Services, Inc

1100 NW 14th St, Oklahoma City, OK
OKC, OK 73106
405/528.7721

www.sunbeamfamilyservices.org

The Caregiver Fundamentals Program is funded by the Areawide Agency on Aging and the Older Americans Act. The purpose is to provide support and resources to seniors that are fulfilling the role of caregiver. Services include: Create/maintain caregiver support groups—this includes providing basic facilitator training, a light meal, and any necessary respite care so that the caregiver is able to attend the training; Counseling services for the caregiver—up to six sessions are provided for free to the caregiver; Training/Education—comprehensive educational series, presentations; Respite Care—provide respite care for about 4 hours/week

There is no cost associated with any of the services and there are no income guidelines. The caregiver must be 60 or over and a caregiver to be eligible to receive services. This program serves Canadian, Cleveland, Logan, and Oklahoma counties.

SHELTERS

Bridges

1670 Stubbeman, Norman, OK
405-579-9280

www.bridgesnorman.org

Provides housing, food, clothing, medical fees, utility, rental, counseling, school fees/supplies, household items, personal hygiene items, and referrals to youth who attend a high school in Norman and do not or cannot live with a parent or guardian for a reason beyond their control.

City Rescue Mission

800 W. California, Oklahoma City, OK
405-232-2709

www.cityrescue.org

Food and Shelter for Friends

104 W. Comanche, Norman, OK
405-360-4954

www.foodandshelterinc.org

Grace Rescue Mission

2205 Exchange, Oklahoma City, OK
405-232-5756

Provides shelter for homeless men age 19 and older.

Jesus House

1335 W. Sheridan, Oklahoma City, OK
405-232-7164

www.jesushouseokc.org

Neighborhood Services Organization

431 SW 11th, Oklahoma City, OK
405-236-0452

www.nsookc.org

Shelters for homeless with mental illness, homeless men, and homeless women and children.

Norman Shelter for Battered Women

Women's Resource Center

PO Box 5089, Norman, OK
405-364-9424

www.wrcnormanok.org

30-day shelter, crisis intervention, 24-hour phone line for crisis intervention with victims of sexual assault and domestic violence. Counseling/advocacy for residents of shelter. Education groups for victims of domestic violence.

Salvation Army

318 E. Hayes, Norman, OK
405-364-9910

www.salvationarmyokcac.org/clevelandcounty/clevelandcountysshelter

Provides food, shelter, clothing, and utility assistance.

SUPPORT & ADVOCACY

Ability Connection Oklahoma

10400 Greenbriar Pl, Suite 101, OKC, OK
405-759-3562
www.ucpok.org

CASA: Cleveland County

P.O. Box 1714 Norman, OK 73070
405-360-5295
<http://www.clevelandcountycasa.org>
Recruits, screens, and trains community volunteers to act as Court appointed Special Advocates for abused and neglected children in juvenile “deprived” proceedings, and to help ensure their needs and best interests are served while wards of juvenile courts.

Compassionate Friends

1177 E Main St, Norman, OK
405-360-4287
Grief Support

Down Syndrome Association of Central Oklahoma

600 NW 23rd St., Suite 206
Oklahoma City, OK 73173
405-600-9981
www.dsaco.org
Family support, advocacy, programs for children, teens and adults.

Kaleidascope

P.O. Box 720314, Norman, OK
405-306-0052
Free support groups for children grieving the death of a family member.

Oklahoma Autism Network

1200 North Stonewall Avenue, OKC, OK 73117
405-271-7476
www.okautism.org

Oklahoma Family Network

800 NE 15TH Street, Suite 316
Oklahoma City, OK 73104
405-271-5072
877-871-5072
<http://oklahomafamilynetwork.org>
Focuses on supporting families of children and youth with special needs via emotional support, resource navigation, and ensuring quality healthcare for all children and families through strong and effective family/professional partnerships.

Oklahoma Parents Center

223 N. Broadway, Holdenville, OK 74848
405-379-6015
877-553-4332
<http://oklahomaparentscenter.org>
Advocacy, resource information, support groups, education.

Oklahoma People First

1145 E Main, Norman, OK 73071
405-701-2077
www.peoplefirst.org
People First is a statewide self-advocacy group run by, and for, people with developmental disabilities.

TRANSPORTATION

Kiwanis Cruiser

1179 E. Main, Norman, OK
405-321-3200
Furnishes door-to-door transportation to senior citizens (age 60 and older) living in Norman for doctor appointments, groceries, and errands.

CART (Cleveland Area Rapid Transit)

510 E Chesapeake St
University of Oklahoma, Norman, OK
405-325-2278
405-325-5428 (V/TDD)
www.cart.ou.edu
Provides public transportation services in Norman City Limits. Lift-equipped vans provide curb to curb transportation for the frail elderly and individuals with disabilities.

STATE ASSISTED PROGRAMS

Many of the State Assistance Programs can be accessed and applied for online here <http://www.okdhs.org>.

Advantage Waiver Program

This program provides funding for in-home services to older Oklahomans and adults with physical disabilities who are medically and financially eligible to receive nursing facility care under Medicaid guidelines. It is administered through the Oklahoma Department of Human Services (OKDHS) Aging Services and the Long-Term Care Authorities of Tulsa and Enid. Services can include adult day care, comprehensive home care, case management, skilled nursing care, medications, specialized equipment and supplies, environmental modifications, and other supportive assistance. Eligibility requirements include an assessment by OKDHS nurses to determine level of care.

Child Care Assistance

This is a program of the OKDHS that helps to pay for all or part of the cost of child care for children up to age 13 while the parent(s) work or go to school. Assistance may also be available for children older than 13 who have a disability. Child care must be provided by a licensed provider. Eligibility for the program is based on income. Application for the program is made through the local county OKDHS Family Service Center. Applicants need to provide information about work or school schedule in addition to proof of income.

Family Support Assistance Program

This program provides cash payments ranging from \$250 to \$400 per month, depending on the number of children under 18 years old with developmental disabilities living in the home. To qualify, the family must be headed by natural or adoptive parent(s) or a legal guardian (adoptive parents cannot also receive an adoption subsidy); have an adjusted gross income of no more than \$45,000 per year and live in Oklahoma. The child must be under 18 years old, a diagnosis of a developmental disability as defined by Oklahoma law; and live in the family home. **Families cannot receive the Family Support Assistance payment if they are already receiving waiver services.** Application for this program is available at the local county OKDHS office or one of the Developmental Disability Services (DDS) area offices. Families who qualify are served in chronological order, based on the date of their application, as funds allow.

Home and Community Based Waiver

This program offers a variety of services so that individuals with a developmental disability can live at home. The waiver provides services such as in-home paraprofessional supports, respite care, specialized therapy, counseling, family training, adaptive equipment, architectural modifications to the home, skilled nursing, transportation, and habilitation training. To be eligible for this program, the person or child must: 1.) be a resident of the State of Oklahoma; 2.) be determined to have a disability, with a diagnosis of mental retardation, by the Social Security Administration or the Oklahoma Health Care Authority, Level of Care Evaluation Unit; 3.) be three years of age or older; 4.) be determined by the Oklahoma Health Care Authority, Level of Care Evaluation Unit, to meet the ICF/MR Institutional Level of Care requirements; 5.) be determined financially eligible through the DHS Family Support Services Division; 6.) not be enrolled in any other Medicaid waiver program; and 7.) not be residing in a hospital, nursing facility, or ICF/MR (Intermediate Care Facility for the Mentally Retarded). There is a waiting list for this program. Although children are eligible at age three (3), families are encouraged to apply as early as possible as there is a waitlist. Applications are available at local OKDHS Family Service Centers, area Developmental Disability Services (DDS) offices.

In Home Supports Waiver

In this program, families and individuals can choose the service(s) they need. Those eligible may receive services up to a specific amount each year. Services include respite, habilitation training, environmental accessibility adaptations, family training, adaptive equipment, and specialized medical supplies. Other services are available to children through the

Medicaid EPSDT program and the SSI-Disabled Children's Program. Eligibility includes meeting requirements for the Home and Community Based Waiver. The individual must reside in the family's home or his or her own home, and have critical support needs that can be met through a combination of non-waiver and Medicaid State Plan resources available to the individual, and within the per capita waiver allowance. There is a waiting list for this program. Application is through the local county OKDHS Family Service Center or one of the area DDS offices.

Low-Income Home Energy Assistance Program (LIHEAP)

OKDHS, in cooperation with the federal government, provides seasonal assistance to low-income households to assist with winter heating bills, and to provide help for some families who have received utility cut-off notices. Applications are taken in the local OKDHS Family Service Centers. LIHEAP provides winter heating, energy crisis, summer cooling and/or weatherization and other energy-related home repair assistance to eligible low-income households throughout each year during specific application periods.

Medicaid

This program is also known as Title XIX (19). Services range from preventive medical care for children and adults to nursing care and alternative homebound care. It is not necessary for a medical condition to exist before applying for services. Eligibility for Medicaid is determined by federal and state regulations. Applicants must meet financial and other eligibility conditions to qualify for services. Those who might be eligible include: someone who is aged (age 65 or older), blind (as determined by Social Security Administration), disabled (as determined by Social Security), pregnant, a child under the age of 19, and adults who have children under the age of 19 whose primary place of residence is with the adult. You may also request an application by phone or mail. This form may be completed and sent to your local county office. Appointments may be scheduled for your convenience.

TEFRA

(Tax Equity and Fiscal Responsibility Act of 1982) gives states the option to make Medicaid benefits available to children with physical or mental disabilities who would not ordinarily be eligible for Supplemental Security Income (SSI) benefits because of their parent's income or resources. This option allows children who are eligible for institutional services to be cared for in their homes. This option went into effect in Oklahoma October 1, 2005. Application can be made at any OKDHS office.

Early and Periodic Screening, Diagnosis and Treatment (EPSDT)

Persons under 21 who are receiving Medical Benefits / Medicaid may receive health and dental screenings and follow-up treatment for certain conditions. Providers include physicians, health departments, schools and some local health clinics. These exams are available on a periodic schedule based on the age of the individual.

State Supplemental Payment (SSP)

This state funded program provides financial assistance to low income, aged, blind and disabled populations who have been determined financially eligible. These individuals also receive Medicaid Services. Application is made through the local OKDHS Family Service Center.

Supplemental Nutrition Assistance Program SNAP (Food Stamps)

The Supplemental Nutrition Assistance Program, formerly the Food Stamp program is a federally funded program that provides benefits to households who meet eligibility requirements established by the U.S. Department of Agriculture (USDA). The monthly benefit is determined by the income and size of the household and is used to purchase food. The food stamp benefit in most instances is intended to supplement other income. Anyone can apply for food stamps at the OKDHS Family Service Center in the county where he/she lives.

Supplemental Security Income (SSI)

The SSI program is administered by the Social Security Administration and provides monthly income to people who are blind or disabled, or age 65 and older, and have limited income and financial resources. To qualify for SSI, a child must be blind or disabled **and** financially needy. In determining a child’s financial eligibility, the parents’ or step-parents’ income and resources are considered. Determining disability eligibility is done by the state’s Disability Determination Unit using SSA rules. Generally Social Security considers a child disabled if the child has “marked and severe functional limitations” from a physical or mental condition and if the condition has lasted or is expected to last at least 12 months or will result in the child’s death. Apply for SSI at local Social Security offices.

Supplemental Security Income - Disabled Child Program (SSI-DCP)

This program assists children from birth to age 18 who receive a Supplemental Security Income Disability Payment (SSI) to receive assistance in obtaining needed equipment and services. This includes adaptive equipment, specialty formula from birth to age 18, diapers from age 4 to age 18, and other services. Application should be made through the local county OKDHS Family Service Center.

Temporary Assistance to Needy Families (TANF)

TANF is a cash assistance program available for families who have children deprived of support because of a parent’s death, incapacity, absence, or unemployment. The purpose of this federal program is to provide **temporary** support in meeting basic needs, training leading to employment, employment services, and day care assistance for qualified families with children. While receiving cash assistance, the adult recipients are required to work or participate in activities geared toward work and achieving self-sufficiency. Recipients also receive Health Benefits (Medicaid). Persons receiving TANF also receive child support collection services from Child Support Enforcement. Applications are made at the OKDHS Family Service Center in the county where the family lives.

Women, Infants and Children (WIC) Nutrition Program

WIC is a federal program administered by the Oklahoma State Department of Health. The program provides food, formula, nutritional screening, and information. Those eligible include women who are pregnant, breastfeeding or who have recently given birth, as well as infants and children to five years of age. Income guidelines apply. Applications are available at a local WIC clinic or county health department.

Americans with Disabilities Act Contacts:

City of Norman

Shawn O’Leary, ADA Coordinator
City of Norman
201 West Gray St, Bldg. A
Norman, OK 73069
(405) 366-5453
shawn.oleary@normanok.gov

Bob Christian, Chief Building Official
City of Norman
201 West Gray St, Bldg. A
Norman, OK 73069
(405) 366-5387
bob.christian@normanok.gov

Transportation Information:

State (ODOT)

Oklahoma Dept. of Transportation
Civil Rights Division
200 NE 21 Street, Rm 1-C1
Oklahoma City, OK 73105-3204
(405) 522-8000

Federal

U.S. Dept. of Transportation
Federal Highway Administration- OK Division
5801 N. Broadway Extension, Suite 300
Oklahoma City, OK 73118
(405) 254-3300

ABBREVIATIONS & ACRONYMS

AAP American Academy of Pediatrics
ADA American's with Disabilities Act
APRC Area Prevention Resource Center
ADD Attention Deficit Disorder
ADHD Attention Deficit Hyperactivity Disorder
ARC Assoc. for the Rights of Citizens with Disabilities
ASD Autism Spectrum Disorder
BIA Bureau of Indian Affairs
CAP Client Assistance Program
CCAN Center for Child Abuse and Neglect
CASA Court Appointed Special Advocates
CMHC Community Mental Health Center
CHO Children's Hospital of Oklahoma
CMS Centers for Medicare and Medicaid Services
CSHCN Children with Special Health Care Needs
DDS Developmental Disabilities Services
OKDHS Department of Human Services
DMHSAS Department of Mental Health & Substance Abuse Services
DRS Department of Rehabilitative Services
EI Early Intervention (SoonerStart)
EPSDT Early and Periodic Screening, Diagnosis and Treatment
FAPE Free and Appropriate Public Education
FERPA Family Education Rights and Privacy Act
FFY Federal Fiscal Year (Oct. – Sept. 30)
HHS U.S. Department of Health and Human Services
HMO Health Maintenance Organization
HTS Habilitation Training Specialist
ICF/MR Intermediate Care Facility for the Mentally Retarded
IDEA Individuals with Disabilities Education Act
IEP Individualized Education Program
IFSP Individualized Family Service Plan
IP Individualized Plan
IHS Indian Health Service
LEA Local Education Agency
LRE Least Restrictive Environment
MCH Maternal and Child Health
NASW National Association of Social Workers
NAMI National Alliance for the Mentally Ill
NICU Neonatal Intensive Care Unit
OATC Oklahoma Assistive Technology Center
OAYS Oklahoma Association for Youth Services
OCCY Oklahoma Commission on Children & Youth
ODC Office of Disability Concerns
ODDC Oklahoma Developmental Disabilities Council
ODLC Oklahoma Disability Law Center
OESC Oklahoma Employment Securities Commission

OHCA Oklahoma Health Care Authority
OKAPSE Oklahoma Association for Persons in Supported Employment
OICA Oklahoma Institute for Child Advocacy
OJA Office of Juvenile Affairs
OPAT Oklahoma Parents as Teachers
OPC Oklahoma Parents Center
ORRN Oklahoma Respite Resource Network
OSDE Oklahoma State Department of Education
OSDH Oklahoma State Department of Education
OT Occupational Therapy / Occupational Therapist
OUHSC University of Oklahoma Health Sciences Center
PCP Primary Care Provider/Physician
PT Physical Therapy
PTA Parent Teacher Association
SDE State Department of Education
SEA State Education Agency
SED Severely (Serious) Emotional Disturbance
SFY State Fiscal Year (July 1 – June 30)
SLP Speech-Language Pathology/Pathologist
SPAN Special Parents Access Network
SSA Social Security Administration
SSI Supplemental Security Income
SSDI Social Security Disability Insurance
SSI-DCP Supplemental Security Income – Disabled Children's Program
TANF Temporary Assistance to Needy Families
TDD Telecommunication Device for the Deaf
UCEDD University Center for Excellence in Developmental Disabilities
WIC Women, Infants and Children