

RESPIRE VOUCHER PROGRAMS

Your time is valuable



**Aging
Services**

Helping Others ... by Helping Yourself, First

Are you a primary caregiver? Do you take care of a family member or another person living in your home who is older or disabled and in need of full-time assistance or supervision during the day?

Are you a grandparent who is raising a grandchild, or other child (as a parent)?

Even though many families take great joy in providing care to their loved ones so they can remain at home, the physical, emotional and financial consequences of caregiving can be overwhelming without some support.

Everyone needs time for themselves to recharge their batteries – time with a spouse or other family members, or just time to run an errand or go to the doctor.

Respite services can provide you the much-needed, temporary break from the often exhausting challenges you face. With a respite voucher, you can bring another person into your home to take care of your loved one until you return.



What Respite Programs are Available?

Two respite programs are available for caregivers. One is through the Older Americans Act (OAA) National Family Caregiver Support Program (NFCSP) operated through the Area Agencies on Aging (AAA). The other program is the Lifespan Respite Grant Program operated by DHS Aging Services.

OAA National Family Caregiver Support Program Eligibility

You may be eligible for this program if you are:

- 1) A grandparent, age 55 or older, raising a grandchild or other child as a parent; or,
- 2) A primary caregiver who is caring for someone age 60 or older who needs assistance with at least two activities of daily living or who is limited by Alzheimer's disease or dementia.

No income restrictions apply. For information on the OAA NFCSP or to apply, contact your AAA directly. Contact information is on the back of this publication.

Lifespan Respite Grant Program Eligibility

You may be eligible for this program if the person receiving the primary or full-time care:

- 1) Needs assistance with activities of daily living in order to stay at home in the community
- 2) Does not qualify for services of other respite programs such as the OAA NFCSP
- 3) Does not receive services from a program with a respite component or receive in-home services paid by another program (Medicare, Hospice, *ADvantage*)
- 4) Has a household income that does not exceed \$90,000 per year

Who's Who?

Caregiver – The unpaid person providing primary or full-time care for a family member or another person living in their home.

Care Receiver – The person receiving primary or full-time care.

Respite Care Provider – The person chosen by the caregiver to provide the care for the care receiver and who is paid by a voucher through the OAA National Family Caregiver Support Program or the Lifespan Respite Grant Voucher Program.

Where Can Respite Care Happen?

Respite care can be provided in your home, someone else's home, or a center-based program or care center as long as it's agreed to by the caregiver and respite care provider.

Who Can Be a Respite Care Provider?

As the caregiver, you hire a person of your choice within program guidelines and negotiate the hourly wage the provider is paid, within funding limits.

The Respite Care Provider must:

- Be age 18 or older
- Have a Social Security number and Social Security card
- Live outside of your (caregiver and care receiver's) home

The respite care provider can be a family member, friend, church member or anyone you choose as long as they meet the above criteria.



OAA National Family Caregiver

Contact your local Area Agency on Aging
and to apply for respite

Areawide Aging Agency

405-942-8500 (TDD)

Canadian, Cleveland, Logan and
Oklahoma counties

ASCOG AAA

580-736-7036 or 1-800- 658-1466

Caddo, Comanche, Cotton, Grady,
Jefferson, McClain, Stephens and Tillman
counties

COEDD AAA

405- 273-6410 or 1-800-375-8255

Hughes, Lincoln, Okfuskee, Pawnee,
Payne, Pottawatomie and Seminole
counties

EODD AAA

918-682-7891

Adair, Cherokee, McIntosh, Muskogee,
Okmulgee, Sequoyah and Wagoner
counties

Grand Gateway AAA

918-783-5793 or 1-800-482-4594

Craig, Delaware, Mayes, Nowata, Ottawa,
Rogers and Washington counties

INCOG AAA

918-584-7526

Creek, Osage and Tulsa counties

KEDDO AAA

918-465-2367 or 1-800-722-8180 (TDD)

Choctaw, Haskell, Latimer, LeFlore,
McCurtain, Pittsburg and Pushmataha
counties

er Support Program Contacts

ing to ask about services for caregivers
vouchers as listed below:

LTCA-Enid AAA

580-234-7475

Alfalfa, Blaine, Garfield, Grant, Kay,
Kingfisher, Major and Noble counties

NWPSA11

1-800-627-4882

Beaver, Cimarron, Dewey, Ellis, Harper,
Texas, Woods and Woodward counties

SODA AAA

580-920-1388

Atoka, Bryan, Carter, Coal, Garvin,
Johnston, Love, Marshall, Murray and
Pontotoc counties

SWODA AAA

580-562-4882 or 1-800-627-4882 (TDD)

Beckham, Custer, Greer, Harmon,
Kiowa, Jackson, Roger Mills and Washita
counties

*You may also call the Senior Info-Line to
ask for respite services at 1-800-211-2116.*

For information on
the **Lifespan Respite Grant
Voucher Program**,
or to receive an application,
call (405) 271-5700, ext. 47801.

*Vouchers will be provided for qualified
caregivers as long as funds are available.*



www.okcares.org

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