

# Available Respite Programs

**Adult Day Health Centers** are professionally staffed group settings that support the health, nutrition, social, and daily living needs of adults with disabilities. Daytime-only services include health monitoring, medication administration, socialization, recreational and educational activities, assistance with personal care, nutritious lunches and snacks, transportation, and counseling.

**Developmental Disabilities Services Vouchers** are available to families with a care recipient who has a developmental disability. The caregiver's adjusted gross annual income must be below \$75,000 to receive the vouchers. Respite can occur in the care recipient's home, the provider's home, or a center-based program and can include activities such as mentoring, tutoring, martial arts, and camps.

**Foster Care Respite Vouchers** are available quarterly to kinship and traditional foster families approved by Oklahoma Human Services or Tribal nations.

**Lifespan Respite Vouchers** allow caregivers to hire temporary assistance or offset the costs of respite care programs for individuals from infancy to age 59, who need help with their activities of daily living (ADLs) or have a neurological condition and are ineligible for respite from other sources.

## Learn More About Respite

Visit [www.okcares.org/respite-locator](http://www.okcares.org/respite-locator) for information about available programs and eligibility.



Pub. No. 25-08 Issued 04/2025  
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# Oklahoma Respite Programs



## Available Respite Programs *Continued*

**Medicaid Aging or Physical Disability Waiver Program**, also known as the ADvantage Waiver, supports adults aged 65 and older and adults with physical disabilities aged 19 and older to help maintain independence and community living.

**Medicaid Developmental Disability Community and In-Home Support Waivers** provide services for individuals with intellectual disabilities aged three and older. Person-centered programs prioritize individual needs and support community living. The waivers are not direct cash payments. Oklahoma Human Services contracts agencies to provide services.

**Medically Fragile Waivers** provide services to members aged 19 and older who live in residential settings and require daily, hands-on medical care and necessary medical equipment for chronic conditions.

**Oklahoma ABLE Tech** provides assistive technology respite kits to Oklahoma family caregivers across the lifespan, offering Sensory, Safety, and Daily Living options. Respite kits promote independence for individuals with disabilities, mobility issues, or cognitive decline. Caregiver consultations guide kit selection.

**National Family Caregiver Support Program**, administered by Area Agencies on Aging, offers support services to caregivers aged 18 and older who provide care for adults aged 60 and older, individuals with Alzheimer's disease or related disorders, and grandparents or older relatives caring for children or individuals with disabilities. Program services include information and referrals, access to support groups and resources, training, respite care, and supplemental assistance.

**Post Adoption Respite Services** provides vouchers to adoptive parents. The maximum rate is \$75 per child per quarter, and the cap is \$300 per quarter for families with eight or more children. There are no income restrictions for receiving the vouchers.



**Supplemental Security Income/Disabled Children's Program** (SSI/DCP) provides respite vouchers for caregivers caring for infants and children up to age 18 who receive SSI benefits.

**Veteran's Caregiver Support Program** offers respite care options to caregivers of military veterans including in-home care, adult day health programs, or temporary care in a community setting for up to 30 days annually (advanced scheduling is required). The program can be combined with other home-based services to help reduce stress for veterans and their caregivers.

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