



SAVE THE DATE

# 2020 Oklahoma Caregivers Conference

## Celebrating Family Caregivers!

**JOIN US VIRTUALLY**

**DAY 1**

Thursday, November 5, 2020 10:00 - 12:00  
**Caregivers in the Workforce**

Thursday, November 5, 2020 1:00 - 3:00  
**Caregivers of Older Adults**

**REGISTER HERE FOR DAY 1:**

[https://zoom.us/webinar/register/WN\\_3FX13UIUQSaQ6OZUYKqgmw](https://zoom.us/webinar/register/WN_3FX13UIUQSaQ6OZUYKqgmw)

**DAY 2**

Thursday, November 12, 2020 10:00 - 12:00  
**Caregivers of Children with Special Needs**

Thursday, November 12, 2020 1:00 - 3:00  
**Caregivers of Individuals 16 - 59 years old**

**REGISTER HERE FOR DAY 2:**

[https://zoom.us/webinar/register/WN\\_RPvI9aUWR2OqRbbicA7voA](https://zoom.us/webinar/register/WN_RPvI9aUWR2OqRbbicA7voA)

### TOPICS COVERED

- Resources for Employed Caregivers
- Learn about Respite Programs
- Learn how to improve your health & wellness
- Learn about ways to recharge
- Connect with other caregivers
- Supports across the Lifespan from children to older adults

### LIMITED AVAILABILITY

#### EDUCATIONAL VOUCHERS

You may be eligible to receive a respite voucher to pay for your loved one's care while you attend the conference.

email: [respite@ouhsc.edu](mailto:respite@ouhsc.edu)

phone: 405-271-2710



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