

November 2020

Comanche/Stephens County

SAVE THE DATE



2020 Oklahoma Caregivers Conference

Celebrating Family Caregivers!

JOIN US VIRTUALLY

DAY 1 Thursday, November 5, 2020 10:00 - 12:00
Caregivers in the Workforce
Thursday, November 5, 2020 1:00 - 3:00
Caregivers of Older Adults

REGISTER HERE FOR DAY 1:
https://zoom.us/webinar/register/WN_3FX13UIUQSaQ6OZUYKqgmw

DAY 2 Thursday, November 12, 2020 10:00 - 12:00
Caregivers of Children with Special Needs
Thursday, November 12, 2020 1:00 - 3:00
Caregivers of Individuals 16 - 59 years old

REGISTER HERE FOR DAY 2:
https://zoom.us/webinar/register/WN_RPvI9aUWR2OqRbbicA7voA

TOPICS COVERED	LIMITED AVAILABILITY
<ul style="list-style-type: none"> Resources for Employed Caregivers Learn about Respite Programs Learn how to improve your health & wellness Learn about ways to recharge Connect with other caregivers Supports across the Lifespan from children to older adults 	<p>EDUCATIONAL VOUCHERS You may be eligible to receive a respite voucher to pay for your loved one's care while you attend the conference. email: respite@ouhsc.edu phone: 405-271-2710</p>











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NOVEMBER

National Caregiver Month

Remember to take time for YOU!! If you need help applying for respite vouchers, let me know. I can help connect you with the best program for your family.

You are invited to a meeting for families who have a loved one on the DDS Waiting List. DDS (Developmental Disabilities Service) is under DHS and assists individuals with developmental disabilities to be able to live in the community and stay with their family. DDS waivers offers job training, skill building, health, and medical care. This Waiting List has more than 5,500 waiting with a wait time of over 12. For those attending the meeting, you will receive a breakdown of the DDS Waiting List. You will see what services are being utilized during the waiting, the length of time waiting and the number of individuals in each county, waiting! **December 3rd** This is a Zoom meeting and attendees must register at: https://oklahoma.zoom.us/meeting/register/tj0sc eGvpjstEtP5Do3CaNPrctHklI_id94z.

Next Tuesday, November 10 @ 6pm, Melanie Berry is hosting a FREE Basic Right Training presented by The Oklahoma Parents Center (via zoom). Below is the link to register for the event. I promise you will hear info that will change the way you see your child's IEP

<https://oklahomaparentscenter.org.zoom.us/meeting/register/tjUoce6hrTktH9EDHyZRMoFAttdVdPKpciOa?fbclid=IwAR1DPeROCOBsxh7Vjrs4D808FyElcnzNUXWxY9XH2fcSi-QfIdfX40tBYcA>

