

Sample Intervention Plans for Parents who have physical disabilities

What would it take to keep this family together?

Keys to effectiveness: Identifying specific tasks that the parent cannot do independently and then looking for a solution in one of 3 areas: 1) environmental modification; 2) assistive technology; or 3) natural support or paid assistant. Adding an Occupational Therapist assessment can be helpful. Sit at their level when speaking to someone in a wheelchair. Ask permission before handling assistive devices.

Disability Etiquette – practical tips to help you accommodate different types of physical disabilities

<https://www.unitedspinal.org/pdf/DisabilityEtiquette.pdf>

Common Challenge	Intervention Strategy or Resource
	Parent/Child Interaction
Dividing supervision between parents	If only one parent has a disability, identify tasks or time blocks that will be supervised by each parent. This ensures that the parent with the physical disability can gain confidence in parenting tasks and not be overlooked by spouse or providers.
Needs help with basic infant care	Contact Oklahoma ABLE Tech to explore ways their Adaptive Babycare equipment program can help the parent be more independent. Toll Free: (888) 885-5588
Difficulty attending meetings	<p>Make sure that accessible transportation is available and that the parent is able to easily navigate to the meeting room using their wheelchair or other assistive devices.</p> <p>Google maps now shows wheelchair accessibility under “amenities” http://www.theverge.com/2016/12/15/13968054/google-maps-twenty-percent-wheelchair-accessible</p> <p>WheelMate gives you an instant overview of your nearest wheelchair-friendly toilets and parking spaces on an interactive map. It is powered by wheelchair users who add and verify every single location themselves, ensuring it works the way it should. It is easy and simple to use, and it is free! https://itunes.apple.com/us/app/wheelmate/id515277627?mt=8</p>
Dealing with emergencies	<p><i>The Oklahoma Assistive Technology Foundation</i> will install free special alert smoke alarms to qualified applicants. Learn more about this program and how to apply here http://ow.ly/h3bZ302ONxd</p> <p>If you are concerned about safety in the home, consider a flashlight. They can use it to signal their location in the event of an emergency.</p>
Needs to talk to other parents	Parents with Disabilities https://www.facebook.com/groups/859674774209180
Providing safe, accessible housing	Grants for Home Modification: 16 Resources for Homeowners with Disabilities. This guide is designed to provide information on available

	<p>grants to improve the quality of home life for people with disabilities. Provides info on nationwide and state specific programs as well as suggestions on what modifications may be the most helpful for individuals.</p> <p>http://www.parentcenterhub.org/grants-for-home-modification-16-resources-for-homeowners-with-disabilities/</p> <p>Oklahoma ABLE Tech can assist with temporary ramps and provide information on organizations that build permanent ramps.</p>
Adding environmental supports to increase independence	<p>Assistive Technology for Parents with Disabilities</p> <p>http://idahoat.org/Portals/60/Documents/Services/Resources/AT_ParentsHandbook.pdf</p>
Lack of income	<p>AT resources for employment, postsecondary education, and independent living.</p> <p>http://www.pacer.org/transition/learning-center/assistive-technology/</p> <p>DRS – Oklahoma Rehabilitation Services</p> <p>http://www.okrehab.org/job-seekers/home</p>
Needs help finding accessible services	<p>Accessible Healthcare - a self-advocate toolkit. Information for parents with disabilities and prospective parents.... learn your rights in the healthcare environment and what to do when you encounter barriers.</p> <p>https://equalrightscenter.org/wp-content/uploads/accessible_healthcare_toolkit.pdf?fbclid=IwAR1pifFpNYORvpFM6V23EA11i10k7inOeaGrbgEnTKxIUYSK6GpQrrzLw4Q</p> <p>Accessibility Tips for Healthcare providers</p> <p>https://phhp-fodh.sites.medinfo.ufl.edu/files/2011/03/Accessibility-Tips-for-HealthCare-Providers-9-6-13.pdf</p>
Lack financial resources for needed equipment	<p>AT Funding Guide</p> <p>https://www.okabletech.org/resources/at-funding-guide/</p>

Check out this 2015 technical brief from the DOJ and HHS: FAQ on supporting parents with disabilities

https://www.ada.gov/doj_hhs_ta/child_welfare_ta.html

Oklahoma Library for the Blind and Physically Handicapped

<http://www.library.state.ok.us/>