

## Sample Intervention Plan for parents who are blind or visually impaired

### What would it take to keep this family together?

**Keys to effectiveness:** Helping the parent navigate unfamiliar spaces and learn how to use unfamiliar objects that are necessary to childcare or completion of their intervention plan. Helping the parent access and implement in their home any specialized services or assistive/adaptive equipment. Interaction tips: Tell the parent when you enter or leave a room. Ask before helping, don't assume your help is required.

Common Challenge	Intervention Strategy or Resource
Mobility	<p>If parent does not already have access to a white can or guide dog, contact National Federation of the Blind or DRS visual services.  <a href="http://okrehab.org/job-seekers/sbvi">http://okrehab.org/job-seekers/sbvi</a></p> <p>When navigating new spaces, position yourself on the opposite side of the parent from their can or guide dog, usually the right side and offer assistance.</p>
Needs assistance with childcare tasks	<p>Contact Oklahoma ABLE Tech to explore ways their Adaptive Babycare equipment program can help the parent be more independent. Toll Free: (888) 885-5588</p>
Dividing supervision between parents	<p>If one parent is blind and the other sighted, identify tasks or time blocks that will be supervised by each parent. This ensures that the parent with the visual impairment can gain confidence in parenting tasks and not be overlooked by spouse or providers.</p>
Typical CHBS curriculum inappropriate or ineffective	<p><i>"Hands on Parenting: For Parents who are Blind or Partially Sighted"</i> available at:  <a href="http://www.lookingglass.org/store/product_info.php?products_id=63&amp;osCsid=df74ec1c60d3383382904d4e2d033be1">http://www.lookingglass.org/store/product_info.php?products_id=63&amp;osCsid=df74ec1c60d3383382904d4e2d033be1</a></p>
Safety	<p><i>The Oklahoma Assistive Technology Foundation</i> will install free special alert smoke alarms to qualified applicants. Learn more about this program and how to apply here <a href="http://ow.ly/h3bZ302ONxd">http://ow.ly/h3bZ302ONxd</a></p> <p>Cry signal devices and vibrating bed alarms are commercially available if there is an infant in the home.</p>
Needs help applying for services	<p>Explain parent's disability and how they prefer to be assisted as well as how information should be shared (spoken or read aloud paperwork, Braille, sent electronically so parent can use computer software, etc.</p>

Parenting without Sight: What Attorneys, Social Workers, and Parents Should Know about Blindness (digital publication)

<https://nfb.org/Images/nfb/Publications/brochures/BlindParents/ParentingWithoutSight.html>

Blindness and Parenting - Myths, Challenges and Practical Advice (recorded webinar)

<https://ensemble.brandeis.edu/hapi/v1/contents/permalinks/g9KSi48J/view>