



Virtual On The Road Tri-County Choctaw,  
McCurtain and Pushmataha Family Perspective  
Conference (Birth to Age 16)  
Via ZOOM  
June 2, 2020

# Welcome & Special THANKS to our Sponsors:



# **Terry J. Martin**

County Director, AFS-R4D17

Oklahoma Department of Human Services

McCurtain-Choctaw-Pushmataha

580-208-3400 Office, 405-215-8922 Cell

[Terry.Martin@okdhs.org](mailto:Terry.Martin@okdhs.org)



### Apply for Energy Assistance

Welcome to the state of Oklahoma's OKDHS Live! web site

The OKDHS Live! web site is an easy way to see if you might be eligible for Food Benefits or SoonerCare Medicaid. You may also use this web site to renew your eligibility for SNAP, SoonerCare or Child Care; or to request (apply for) these benefits. Key information about those benefits is also available below.

Para acceder a una solicitud de prestaciones en español, por favor haga clic aquí.

#### Key Information

- [Food Benefits - Supplemental Nutrition Assistance Program \(SNAP\)](#)
- [SoonerCare \(Medicaid\)](#)
- [Child Care](#)
- [Temporary Assistance for Needy Families \(TANF\)](#)
- [Low-income Energy Assistance Program \(LIHEAP\)](#)
- [Oklahoma School Breakfast and Lunch Program](#)
- [WIC \(Women, Infants, Children\)](#)
- [Citizenship & Benefits](#)

#### Options

##### View My Cases

Look at information about your current benefits or the status of your application or renewal.

##### Renew/Re-Open

Renew your eligibility or re-open your food benefits, child care benefits or SoonerCare(Medicaid).

##### Apply for benefits

To apply for benefits follow this link

##### Create User ID

Create a user ID for doing reviews/renewals and saving eligibility assessments.

##### Screening

Small assessment to find out if you are eligible for food benefits or SoonerCare (Medicaid).

##### Take Customer Survey

Tell us what you think about your experience with DHS.





# PREGNANT?????



(580)326-6441

SERVING

- *Pregnant Women*
- *Children Birth-18 months*
- *Fathers*
- *Serving Atoka, Pushmataha,*
- *Choctaw and McCurtain Counties*

WHERE DAD'S MATTER TOO



Pam Waugh  
Healthy Start Program Director



## Little Dixie Community Action Agency Head Start

### Free Pre-School

For Qualified Families in Choctaw, McCurtain, and Pushmataha Counties

Now accepting applications for the 2020-2021 school year.  
Head Start offers pre-school education, health, nutrition, and family services to low income families.

We have full day classes the following areas: Antlers, Battiest, Boswell, Broken Bow, Clayton, Fort Towson, Forest Grove, Haworth, Hugo, Idabel, Rattan, Soper, and Valliant.

#### Frequently Asked Questions

##### *What are the eligibility requirements?*

Your child must be 3 or 4 years old by the state eligibility date of September 1st. Children that turn 3 after September 1st are also eligible throughout the school year. Families who meet the federal income guidelines, are homeless, foster children, families who receive Temporary Assistance to Needy Families (TANF), or Supplemental Social Security Income (SSI) are eligible.

##### *What if I don't meet the income guidelines?*

You are still welcome to apply. The Head Start program is allowed a certain percentage of over income applicants.

##### *What if my child has a disability?*

We encourage families that have children with disabilities to apply.

##### *What if my child is not potty trained?*

That is okay, we will help you to potty train your child.

Applications are being accepted now  
and will continue  
throughout the school year.

**Apply Now!!!**

- ◆ Apply online at [www.littledixie.org](http://www.littledixie.org)
- ◆ Call to have an application mailed to you

#### Little Dixie Head Start Office

Phone Number: (580)326-7581 Fax Number: (580)326-7584

Mailing Address: Little Dixie C.A.A., Inc.-Head Start  
209 N 4th Street  
Hugo, OK 74743





# WeeCare Pregnancy Resources, Inc

An unexpected pregnancy is hard to face. We understand. Everyday, we help women, men and their families facing unexpected pregnancies. We also help those with planned pregnancies. If you are scared, worried or anxious about finding yourself or someone you love pregnant or if you are happy & excited but need a little extra reassurance... WeeCare is here to help you! We are a faith based center offering resources at no cost- hassle or judgment. Some of our resources include:

- Pregnancy Testing/Ultrasounds
- Prenatal Care & Child Development
- Abstinence Classes
- Parenting Classes
- Pregnancy Resources
- Bible Study
- Post Abortion Recovery
- Mommy Store
- Adoption Referral Services
- Practical Fatherhood
- Life Skills
- Community Services Referrals
- Confidentiality & Support



WeeCare uses the Earn While You Learn & Bright Course Education Curriculum to provide learning resources for our families.

Ask us how you can earn a free CAR SEAT through our Public Safety Education Car Seat Program!

110 East Main, Idabel 580.286.5390



**Sandy Gaskey**  
Executive Director



# Kara Maness

Kiamichi Family Medical Centers  
Human Resources and Community Outreach  
[kmaness@kiamichimed.org](mailto:kmaness@kiamichimed.org)  
(580)286-6688 ext. 136





Our digital X-Ray machine is housed in our Idabel office. We are able to provide x-ray services with reports available the same day!

340B Discounts for Prescription Medications are available to all patients, regardless of income, who have been seen with in the past year!

Our goal is to provide comprehensive primary and preventative care. Our registered nurses provide annual wellness visits and Continuing Care Management!



**At KPMC, our goal is that there are no barriers to healthcare for those in our community. We are a Federally Qualified community health center, and are able to provide discounts on all of our services based on household income!**

Four Convenient Locations across the Kiamichi Area with a multitude of Providers and services!

**Battiest, OK – Primary Care and Dentistry**

Tonya Boles, PA-C

Tabatha LeForce, APRN-FNP-C

Mark Ziegler, DMD

**Broken Bow, OK – Primary Care**

Dr. Jordan Paslay, MD

Missey Pierce, APRN-CNP

**Idabel, OK – Primary Care, Pediatrics and Behavioral Health**

Dr. Michael West, MD

Dr. Maila Coleman, MD, Pediatrician

Dr. William Martin, DO

Gordon Butzirus, PA

Tammy Williams, PA-C

Lauren Roberts, APRN-FNP

Jamie Hess, LCSW

**Hugo, OK – Primary Care**

Dr. Beth Leader, DO

Bambi Clay, PA-C

# Little Dixie Community Action Agency

SAFE PLACE HEALING HEARTS



## SAFE PLACE HEALING HEARTS

- ☐ The overall aim of the grant project will be to enhance the safety of rural victims of sexual assault, domestic violence, dating violence, and stalking. To accomplish this, the project will work towards the goal of expanding and more efficiently delivering appropriate services to victims of sexual assault, domestic violence, dating violence, and stalking in Choctaw, McCurtain, and Pushmataha Counties, in order to meet their emotional and physical needs victims, as well as ensure victim safety and security. Secondly, the project will work towards the goal of enhancing collaboration between and building the capacity of service providers in the target rural communities to appropriately respond, improve the rate of prosecution, coordinate service delivery, and assist victims in cases of sexual assault, domestic violence, dating violence, and stalking. At least 75% of the total project (goals, objectives, activities, expenses) will work to meaningfully address sexual assault, with a secondary focus on domestic violence, then dating violence and stalking.
- ☐ Doris Long, Program Director 580-298-2921
- ☐ Tonya Finley, Victim Advocate-Choctaw & Pushmataha Counties-580-372-0806 (24/7)
- ☐ Jodie Allen, Victim Advocate-McCurtain County-580-372-0816 (24/7)

Victim Advocate,  
Tonya Finley



# Little Dixie Community Action



CASA stands for Court Appointed Special Advocate. A CASA is a trained volunteer sworn in by a judge to represent the best interests of children who are abused/neglected and are in active cases in the juvenile court system. As an officer of the court the CASA investigates the child's circumstances, provides fact-based information, and makes recommendations to the court while becoming a source of support to the child. The CASA will serve as the eyes and ears of the court by providing information the judge needs to make decisions on the case. We welcome volunteers from all cultures, ethnic and educational backgrounds. **If you are interested in applying to be a volunteer, please contact**

**us at 580-298-2921**

**You can also find an application @[littledixie.org](http://littledixie.org)**

Doris Long, Program Director  
Marissa Jordan, CASA Advocate Coordinator





# Serving victims of all types of crime



DEEDEE ATWOOD - VICTIM SERVICE COORDINATOR

OFFICE: 580-298-2921

24 HOUR CALL OR TEXT: 580-317-3905

# *Little Dixie Community Action Agency*

## **YOUTH FIRST**

The program's goal is to ensure at-risk area youth and their families receive services and support to counteract delinquency. The project utilizes the Strengthening Families Program (or SFP), an evidence-based prevention and family skills training program listed as "Effective" in the Office of Juvenile Justice and Delinquency Prevention Model Programs Guide. It was chosen for this project primarily as it has been shown to "significantly improve parenting skills and family relationships, reduce problem behaviors, delinquency and alcohol and drug abuse in children and to improve social competencies and school performance". SFP will be followed during project trainings which will utilize group discussion, modeling, coaching, and group/peer mentoring. Participants and their families will also partake in monthly group activities, as well as semi-annual recognition events, which will provide positive activities, family resources, and recognition of youth and family achievements.

For more information contact:

Doris Long, Program Director-580-298-2921

AJ Henslee, Youth First Coordinator-580-298-2921



## SERVICES

*YS4CPM provides several services which include: Individual Counseling, Rehabilitation Counseling, Family Counseling and any other services that are needed through Community at Risk Program (CARS). This is used solely through the Juvenile Justice System, and is used to lessen the risk level to identified youth.*

- **Community at Risk (CARS)**
- **Crisis Intervention**
- **Case Management**
- **90 Day Follow Ups**
- **School Prevention Programs**
- **Recreation Programs**
- **Mentoring**
- **Placement Assistance**
- **(PAF) Nurturing Parenting Program**
- **First Time Offender Program**
- **Botvin Life Skills Program**
- **Truancy**
- **With In My Reach**
- **Tutoring**
- **Prevention and Relationship Enhancement Program (Prep)**
- **Botvin Parent Program**
- **Strengthening Families**
- **School Based Prevention Programs**

## CONTACT



Main Office: 580-326-3382  
Idabel Office: 580-286-1158



Main Office: 580-326-3383



Main Office: 101 W Jefferson St  
Hugo, Ok 74743

Antlers Office: 415 SW 5th St.  
Antlers, OK 74523

Idabel Office: 121 N Central  
Idabel, OK 74745



ys4cpm@yahoo.com



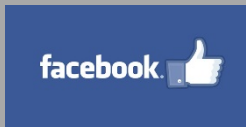
www.ys4cpm.com



**YOUTH SERVICES**  
for Choctaw, Pushmataha  
and McCurtain Counties

ESTABLISHED IN 1977





Like us on  
Facebook at  
Little Dixie ECCS  
Impact



Go to the very  
first post on our  
Facebook page  
and click the link  
to screen your  
child for free!

Program Director,  
Ashley Gaddy

# INTRODUCING!

## OUR ALL NEW

# Developmental Skill Building Kit!

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### WHAT IS INCLUDED?

#### DEVELOPMENTAL TOYS

Each box contains toys specific to your child's age range to aid them in meeting their age-appropriate developmental milestones.

#### BOOKS

Board books and/or age-appropriate work books are included to further your child's literary education and development.

#### RESOURCES

Included is a parent education book and a Resource Bundle that contains important information about resources available to you in our community.

**\*Developmental Skill Kits are sent out once a year. Please continue to screen your child throughout the year to receive age-appropriate board books and activity books tailored toward your child's milestones.**

**QUESTIONS? MESSAGE US ON FACEBOOK! LITTLE DIXIE ECCS IMPACT**

\*This project is/was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under H25MC30343 Oklahoma Early Childhood Comprehensive Systems Impact Project, \$426,600. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

Early Childhood and  
Family Resource Bundle

### Early Childhood and Family Resource Bundle

- Find us on @ Little Dixie ECCS Impact
- Give us a call @ 580-326-3351
- Locate us @ 209 N 4th St., Hugo, OK 74743

To screen your child now, scan here!

Information over:

- \*Community Resources
- \*Child Development
- \*Healthcare Information
- \*Vroom Activities
- \*Developmental Screening

View a digital version at  
[www.littledixie.org](http://www.littledixie.org)

## WHO WE SERVE

*Families that have a child with special needs, birth to age 21*

- Intellectual Disabilities
- Physical Disabilities
- Emotional/Behavioral Challenges
- Developmental Delays/Disabilities
- Learning Disabilities
- Abuse or Neglect

## SOONER SUCCESS HELPS FAMILIES

- Explore eligible services
- Understand SoonerCare, Sooner Ride, Sooner Start, TEFRA, and other programs
- Find doctors or therapists
- Resources to help
- Explore Respite Care options
- Find community activities for children with special needs
- Navigate Transition Services including Health Care and School to Work
- Discover summer camps
- Navigate Educational Services (IEP-Related Services)
- Help Families meet their unique needs
- Learn about Sibshops
- Bilingual Spanish services available

## SOONER SUCCESS STEPS INTO THE GAP

In many communities there are "gaps" — these are services that are desperately needed, but simply not available. We form community groups and partnerships with providers and families to identify and, whenever possible, create or modify local resources to meet the needs of families in that community.



## SOONER SUCCESS SUPPORTS SERVICE PROVIDERS WHERE THEY SERVE

Primary care doctors and related service providers want to assure that a child's needs are met — both medical and non-medical. Sooner SUCCESS is the partner that can make this a reality. We work together with service providers to help families access and coordinate specialty care, education services, family support, and other types of community services.



DESIGNED BY THE GRAPHIC  
DESIGN CLASS AT NORTHEAST  
TECHNOLOGY CENTER, PRYOR

## HOW WE HELP

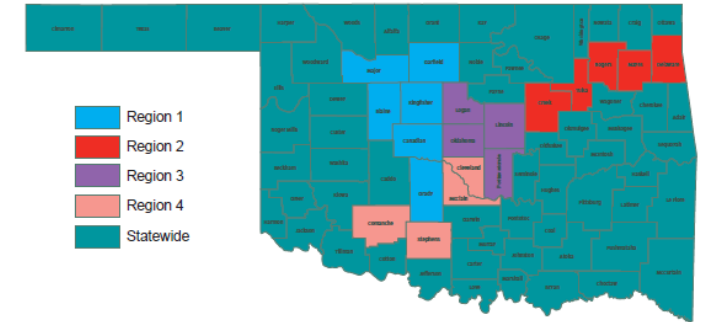
*"I just don't have the time to do the leg work it takes to find the information about services for my daughter. I feel that I have an assistant in this unique and difficult journey..."*



## FIND US:



Sooner SUCCESS is an initiative of the OU Child Study Center and funded by multiple partners on the federal and state level.



## Statewide Sooner SUCCESS

405-271-2710 877-441-0434

[sooner-success@ouhsc.edu](mailto:sooner-success@ouhsc.edu)

<https://soonersuccess.ouhsc.edu/>



*We strive to advance a comprehensive, unified system of health, social, and educational services for children and youth with special health care needs in their community.*





- Sibshops are fun, evidence-based workshops for brothers and sisters of children with special health care needs. The sibs are 5–15 years old.
- Sibshops provide peer support and sharing with other sibs along with fun and lively recreational activities. We promote friendship building, listening skills as well as a safe environment to talk about issues they might be dealing with.
- Sibshops are often held in conjunction with a respite program allowing parents to have a break for 3–4 hours on a Friday night or Saturday morning.
- Sibshops are a worldwide program and over 35 years old. Facilitators/Coordinators are volunteers and can be trained by Sooner SUCCESS staff. Donations of craft supplies, activity materials, and snacks are always appreciated.
- A few locations to note: Tulsa, Norman, Tinker AFB, Bethany/ North OKC, Mustang, Guthrie, Poteau, The Children's Center, and South OKC.




In Response to COVID-19 Online Resources and Tips for Siblings:  
<https://soonersuccess.ouhsc.edu/Services-Programs/Sibshops>

Robyn Boswell, MS  
Special Programs Coordinator  
Sooner SUCCESS  
[robyn-boswell@ouhsc.edu](mailto:robyn-boswell@ouhsc.edu)



# We Need Your Help

- ▶ Please complete the evaluation that will be emailed to you
  - ▶ Attendees who complete the Evaluation will have a chance to WIN a Family Glow Night At-Home Party Kit or a Walmart Gift Card
  - ▶ We will be emailing attendees the Power Point
- 



# Thank you for joining us!

- If you would like more information about the services/programs that you heard today and would like to connect with a Sooner SUCCESS County Coordinator, please contact us at:

Sooner SUCCESS Statewide  
OU Health Sciences Center  
Section of Developmental and Behavioral Pediatrics  
405-271-2710 or 877-441-0434  
Email: [sooner-success@ouhsc.edu](mailto:sooner-success@ouhsc.edu)  
<http://soonersuccess.ouhsc.edu>

# OKCares Social Networking:



Website:  
[www.okcares.org](http://www.okcares.org)



Facebook:  
[@OKCares4You](https://www.facebook.com/OKCares4You)



Twitter: [@OkCares4You](https://twitter.com/OkCares4You)