

<https://www.autism-society.org/news/covid-19-preparedness-and-resources/>

<http://www.breezyspecialed.com/2020/03/distance-home-learning-packets-and.html?fbclid=IwAR0xhKYVAyIvzthNFApAuRZFrrf0Cv-mQmmDECbS07eHWBibPM1b4hNx2jk&m=1>

https://docs.google.com/document/u/0/d/1SvldgTx9djKO6SjyvPDsoGIkgE3iExmi3qh2KRRku_w/mobilebasic
<https://classroommagazines.scholastic.com/support/learnathome.html>

<https://m.youtube.com/sciencemom?uid=-QcZISbFb9EilEQ41cVhwx>

https://theautismeducator.ie/2020/03/11/corona-virus-social-story/?fbclid=IwAR3GrwmznAZHQ7IhZzC31TtZfFWHJh0EnF3amDN7jhJ4puLINh_ZPzFVxY0

<https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>

<https://drive.google.com/file/d/1ZUn6tPsPTJOLn7De52bmwk4Ai7y1OR89/view>

<https://allinonehomeschool.com/>

https://people.com/travel/stuck-at-home-these-12-famous-museums-offer-virtual-tours-you-can-take-on-your-couch/?utm_source=facebook.com&utm_medium=social&utm_campaign=social-share-article&utm_content=20200313&utm_term=7728056

Teaching Tools for Kids:

- Coronavirus Social Story for Children via Little Puddins:
<https://littlepuddins.ie/coronavirus-social-story/>

- CDC Handwashing Guide for Families:

https://www.cdc.gov/handwashing/pdf/family_handwashing-508.pdf

Tips for Caregivers:

- What to Do When Your Child on the Autism Spectrum's Routine Is Disrupted by the Coronavirus?

<https://themighty.com/2020/03/covid-19-autism-routine-disruption/>

- Parent/Caregiver Guide on How to Help Kids and Family Members Cope:

https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf

- How to Explain a Global Health Crisis to Children with Autism:

<https://www.psychologytoday.com/us/blog/neuroscience-in-translation/202003/how-explain-global-health-crisis-children-autism>

- Local Resources: <https://www.yellowpagesforkids.com>

How to Practice Social Distancing:

- Article: What is Social Distancing?

<https://themighty.com/2020/03/covid-19-what-is-social-distancing>

- Social Distancing Tips: The Centers for Disease Control and Prevention (CDC) currently recommends keeping 6 to 10 feet between yourself and others as much as possible. Many states have banned large gatherings of more than 250 people. Even if you're in a small group, experts recommend keeping at least 6 feet between people and practicing good hygiene, especially washing your hands often. The CDC also recommends:

- Cancel travel plans
- Stay home when you are sick
- Limit your movement within and outside your community
- Reduce your number of visitors
- Work from home if possible
- Transition meetings and gatherings online
- Try to visit grocery stores and other public establishments at less-crowded times

Additional Articles:

- Which Face Masks Prevent Against Coronavirus?
- How Is the New Coronavirus Treated?

- How to Make Your Own Hand Sanitizer
- What You Should Know About Social Distancing During COVID-19
- 8 Soaps You Can Use to Help Prevent the Spread of Illness
- 10 Face Masks People With Chronic Illness Recommend
- Other Issues to Consider:
 - Maintaining Wandering Prevention in the Home: <https://nationalautismassociation.org/store/#!/NAAs-Be-REDy-Booklet-for-Caregivers/p/57859415/category=23350149>
- Preventing & Responding to Pica: <https://kidshealth.org/en/parents/pica.html>
- How to Create a Sensory Room: <https://www.verywellhealth.com/how-to-create-a-sensory-room-for-your-autistic-child-4686413>
- DIY Sensory Items Booklet via ASA Oregon: <http://autismsocietyoregon.org/wordpress/wp-content/uploads/2017/04/Sensory-booklet.pdf>

COVID-19 Community Economic Relief Fund by United Way

[1-866-211-9966](tel:1-866-211-9966)

Helps with bills, rent, food